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THE TAKE OFF



An Initiative of Karunya Trust Children's Parliament Federation



Our Voices

Girl Child Empowerment

Girl Child Empowerment means giving girls the right to education, freedom, safety, and equal opportunities to grow and succeed in life. In many parts of society, girls are still treated as weaker or less important than boys. This mindset must change because girls are equally capable and talented.

Education is the most powerful tool for empowering a girl. When a girl is educated, she becomes confident, independent, and aware of her rights. An educated girl can support her family, contribute to society, and make better decisions for her future. It is often said, "When you educate a girl, you educate a generation."

Empowering girls also means ensuring their safety and giving them equal rights in every field, such as sports, science, politics, and business. Today, women are achieving great success in every area, proving that gender does not define ability. Society should encourage girls to dream big and follow their passions without fear.

By empowering girls, we can build a more equal, stronger, and brighter future for everyone.

-Joy Dandu



Being a Woman

Yes, you look fragile,
But you are not weak.
Your opinion matters,
And you have every right.
You can be strong,
You can be bold.

You can be everything
That you are inspired to be.
There is a power within you,
Acknowledge it and own it.
Your day will also come;
Believe in yourself and never stop
dreaming.

-Shravani Chavhan



Safe Childhood

No fear to roam, no fear to play,
Safe in the sunshine all the day.
A loving home, a guiding light,
Protected from the harsh and cold.
With stories safe to be retold,
A childhood nurtured, free and sure,
Where love and safety both endure.
Small hands need toys, not tool.

-Ashwini Solapure

आवाज़ उठाओ, बचपन बचाओ !!

आवाज़ उठाओ, बचपन बचाओ!!

छोटी-सी आवाज़ है,
सुन लो ज़रा।
डर के पीछे छुपा है,
बचपन सारा।

गलत को "ना" कहना सीखो,
हाथ बढ़ाओ, साथ निभाओ।
हर बच्चे को सुरक्षा दिलाओ।
हर बच्चे को सुरक्षा दिलाओ।

-Kinjal Gupta

Feminism in 2026

We have seen great improvements in feminism, as girls now have equal rights. There has been significant progress, and these changes have improved many areas such as the government, private companies, and local communities. Today, women have equal opportunities to earn income and express their opinions. Their voices are no longer hidden, although there is still room for improvement. However, not everything is perfect. Many women still struggle to get jobs and face inequality. We also continue to hear about crimes against women, such as sexual harassment and violence. Women still face many challenges in achieving true equality. Despite these difficulties, we believe that women can do anything. If we continue working together, we can achieve equal rights, justice, and better opportunities for all.

-Syed Shabi Zahera Ahmed Rizvi



Children in Action

World Education Day

On World Education Day, I got the opportunity to visit Sheth Mothibhai Pachan Rashtriya Shala in Mulund along with other Children's Parliament members. We conducted a session for students from 5th to 9th standard on the importance of education. I felt happy to interact with the students and share why education is important for achieving our dreams and building a better future. We encouraged everyone to participate in the activities and discussions, and it was nice to see them actively sharing their thoughts. This experience helped me improve my confidence and communication skills. I was proud when the Principal appreciated our efforts and showed interest in organizing more such sessions in the future. It made me feel that, as a Children's Parliament member, I can inspire other children through awareness and learning.

-Mohammad Naeem Saeed Shah



Human Rights Day

On Human Rights Day, I participated in an awareness rally organized by our Children's Parliament from Bhandup to Nahur along LBS Road. We carried banners and posters and raised slogans to spread awareness about human rights and the importance of equality, dignity, and justice for everyone. During the rally, we shared messages about the right to education, equality, freedom, and respect for every person. Many people watched us and listened to our messages, which made me feel proud that we were creating awareness in our community. This programme helped me become more confident and taught me that children also have an important role in protecting human rights and bringing positive change in society. It inspired me to stand up for the rights of others and become a responsible citizen.

-Gauri Pawar



National Girl Child Day

On the occasion of National Girl Child Day, I participated in a public awareness programme organized by our Children's Parliament at Dharavi. Along with my friends, I took part in a street play to spread awareness about the importance of protecting and respecting every girl child. Through our performance, we spoke about serious issues like foeticide, neonaticide, and gender discrimination. We shared the message that every girl has the right to live, study, and achieve her dreams. Many people stopped to watch us, and I felt proud that we could make them think about these important issues. This programme gave me the confidence to speak in public and work as a team. It also taught me that even children can bring positive change in society by raising their voices for equality and justice.

-Tahireem Abdul Shaik



World Environment Day

On 5th June 2026, in observance of World Environment Day, we, the Children's Parliament members of the Savli Project, organized an Environment Awareness Rally from Thane Station Market Area to Talao Pali and back. We carried posters, raised slogans, and interacted with community members to spread awareness about protecting the environment, reducing plastic usage, planting more trees, and keeping our surroundings clean and green. Through this activity, we learned the importance of caring for nature and encouraged others to join us in building a cleaner and healthier environment.

-Shabnam Ansari



World No Tobacco Day

On World No Tobacco Day, I participated in a poster exhibition at Bhandup Station with other Children's Parliament members. We exhibited the posters to commuters and members of the public and encouraged them to stay away from tobacco. Many people stopped to look at the posters and listened to what we shared. I felt happy to be part of this awareness programme. This experience increased my confidence and taught me that children can also help spread important messages in the community.

-Laxmi Yadav





Stories & Reflection

रवि और रेखा

बहुत समय पहले की बात है। रवि नाम का एक अनाथ लड़का था। वह कचरा बीनकर अपना गुज़ारा करता था। एक दिन वह रेलवे ट्रैक पार कर रहा था। तभी उसने देखा कि एक महिला अपनी छोटी बेटी के साथ रेलवे ट्रैक पार कर रही थी। अचानक तेज़ रफ़्तार ट्रेन आ गई। बेटी तो बच गई, लेकिन उसकी माँ की मृत्यु हो गई।

रवि उस छोटी लड़की के पास गया और प्यार से पूछा, "तुम्हारा नाम क्या है?" लड़की ने कहा, "मेरा नाम रेखा है।" रवि ने पूछा, "क्या तुम मेरे साथ चलोगी?" रेखा ने हाँ कह दिया। रवि उसे अपने घर ले आया और अपनी बहन की तरह उसकी देखभाल करने लगा।

एक दिन रवि ने रेखा से पूछा, "क्या तुम स्कूल जाती हो?" रेखा ने कहा, "नहीं, भैया।" तब रवि ने एक किराने की दुकान पर काम करना शुरू किया ताकि वह रेखा की पढ़ाई का खर्च उठा सके। दुकान के मालिक ने भी रवि की मदद की। उन्होंने रेखा का स्कूल में दाखिला करवाने में सहयोग किया।

रेखा ने मन लगाकर पढ़ाई की और आगे चलकर डॉक्टर बन गई। एक दिन किराने की दुकान के मालिक को दिल का दौरा पड़ा। उन्हें तुरंत अस्पताल ले जाया गया। संयोग से उस अस्पताल में रेखा ही डॉक्टर थी। उसने उनका सफल इलाज किया। यह देखकर दुकान के मालिक की आँखों में खुशी के आँसू आ गए। रवि की दया, मेहनत और त्याग ने रेखा का जीवन बदल दिया। यह कहानी हमें सिखाती है कि शिक्षा, कठुणा और सहायता से किसी का भविष्य उज्ज्वल बनाया जा सकता है।

-Rehnuma Shahabuddin Shaikh

Problems in Society

Every society faces many challenges that affect the lives of its people. Some of the major problems in society are poverty, unemployment, corruption, pollution, crime, lack of education, gender inequality, and drug abuse. These issues slow down the progress of a nation and reduce the quality of life.

Poverty and unemployment make it difficult for many families to meet their basic needs. Corruption creates inequality and weakens trust in public institutions. A lack of education prevents people from gaining knowledge and accessing better opportunities. Pollution harms the environment and affects the health of both humans and animals. Crime and violence create fear and make society less safe.

Solving these problems requires the efforts of both the government and citizens. People should follow the law, respect others, protect the environment, and support education. By working together, we can build a peaceful, fair, and developed society.

Conclusion: A strong society is built on honesty, equality, education, and mutual respect. If everyone takes responsibility and contributes positively, we can overcome these challenges and create a better future for all.

-Ajay Ramsewak Mandal

शांति और युद्ध

शांति का अर्थ है प्रेम, सद्भाव और एक-दूसरे के साथ मिल-जुलकर रहना। वहीं युद्ध का अर्थ है दो देशों या समूहों के बीच होने वाला संघर्ष। शांति में लोग सुख, सुरक्षा और खुशी का अनुभव करते हैं, जबकि युद्ध से जान-माल का नुकसान होता है और लोगों का जीवन कठिन हो जाता है।

युद्ध के कारण अनेक समस्याएँ उत्पन्न होती हैं। इसमें कई लोगों की जान चली जाती है, परिवार बिछड़ जाते हैं और बच्चों की शिक्षा भी प्रभावित होती है। युद्ध से देश की अर्थव्यवस्था कमजोर होती है और विकास रुक जाता है। इसके विपरीत, शांति से समाज में प्रेम, सहयोग और भाईचारे की भावना बढ़ती है।

हमें हमेशा शांति का मार्ग अपनाना चाहिए और विवादों का समाधान बातचीत और समझदारी से करना चाहिए। यदि सभी देश मिलकर शांति बनाए रखें, तो दुनिया अधिक सुरक्षित, खुशहाल और विकसित बन सकती है।

निष्कर्ष: शांति मानव जीवन के लिए बहुत आवश्यक है। हमें प्रेम, सम्मान और सहयोग की भावना के साथ रहना चाहिए तथा युद्ध से बचने का हर संभव प्रयास करना चाहिए।

-Sunny Nishad

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**Take Off is our little space to share our creativity,
talents, ideas, and the things we love to do -With Love, Children's Parliament**